

## Information about SECADA for health and community workers

### What is SECADA?

SECADA is a group of organisations working together to provide **person-centred alcohol and other drug services to people in the South Eastern Melbourne AOD Catchment area.**

This includes people living in:

- City of Greater Dandenong
- City of Casey
- Cardinia Shire.

### Our services

#### **Intake and Assessment (first step into treatment)**

The intake and assessment process involves a detailed assessment of a person's treatment needs and developing a treatment plan. **We are the catchment-based intake service for the South Eastern Melbourne catchment.** We can connect people with SECADA's services, and other alcohol and drug services around Victoria.

#### **Counselling for Alcohol and Other Drugs**

One-on-one sessions with an experienced clinician or counsellor.

#### **Care and Recovery Coordination**

Longer term care coordination including supports for Centrelink, mental health, housing, and other alcohol and other drug treatments.

#### **Non-residential Withdrawal (detox) Service**

A service to assist a client to safely withdraw from alcohol and other drugs at home or in another safe place, overseen by a specialist nurse and supported by the client's GP.

#### **Programs for people ordered to seek treatment**

Including KickStart (for men) and Choices programs exploring how substance use is related to offending.

## How to assist your client or patient to access services

If you work in the health and community services, or in another professional role supporting someone experiencing challenges with alcohol and other drugs, you can **encourage your client to contact us to self-refer for alcohol and other drug support.**

When a person contacts us, they do not need to know the programs or services they would like referral to. We will ask the person questions to identify services that can help them reach their goals (**intake**).

During intake, we can connect the person to services directly or book an **Assessment** if we need to talk more and develop a treatment plan.

You can also contact us to find out more information about our programs and services, and with your client's consent, initiate referral.

We have a single point of contact for all referrers and clients.



To reach our intake team, call **1800 14 25 36.**

Our phone intake service operating hours are Monday to Friday, 9:00am to 5:00pm.

It's important to ensure your client knows that they can seek drug/alcohol counselling and referral information from [DirectLine](#) 24-hours a day, 7 days per week by calling **1800 888 236.**

**Find out more about SECADA**

**Web:**

[www.secada.org.au](http://www.secada.org.au)

**Email:**

[secada@windana.org.au](mailto:secada@windana.org.au)



## SECADA agencies



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**Monash Health**



**Odyssey Victoria**

