

Information for clients about our FREE alcohol and other drug services

What is SECADA?

SECADA is a group of organisations working together to provide person-centred services to people experiencing alcohol or other drug issues, and their family and friends.

What we do

We provide services to people in the South Eastern Melbourne Alcohol and Other Drug catchment area. This includes:

- City of Greater Dandenong
- City of Casey
- Cardinia Shire.

Services

Intake and Assessment

The intake and assessment process involves a detailed assessment of your treatment needs and developing a treatment plan.

Counselling for Alcohol and Other Drugs

One-on-one sessions with an experienced clinician or counsellor.

Care and Recovery Coordination

Longer term care coordination including supports for Centrelink, mental health, housing and other alcohol/drug treatments.

Non-residential Withdrawal (detox) Service

With a specialist nurse and support from your general practitioner (GP), this service can assist you to safely detox from alcohol or other drugs at home or in another safe place.

Services if you have been ordered to seek treatment

For anyone seeking access to alcohol and other drug treatment through contact with the criminal justice system.

How to get support

First, contact us.

We will ask questions to see how SECADA can support you. This is called **intake**.

In this step we can connect you with **treatment and care** - so you can access the services to help you reach your goals.

Or, if we need to talk more to make a plan together first, we will book an **Assessment** with you.

In Assessment we work with you more to plan your care and recovery.



We are available Monday to Friday, 9am to 5pm (excluding public holidays).

Phone: 1800 14 25 36

Email: secada@windana.org.au

Web: www.secada.org.au

SECADA agencies



WINDANA
Life. Changing.



Monash Health



Odyssey Victoria



24-hour support

Drug/alcohol counselling and information about referrals to services is also available from [DirectLine](https://www.directline.gov.au) 24-hours a day, 7 days a week by calling **1800 888 236**.

